

Rachel Merlin, M.S.Ed., Registered Intern earned her B.A. in Psychology, followed by an M.S.Ed. with a concentration in Marriage and Family Therapy from the University of Miami. During graduate school, Rachel provided both individual and group therapy in an outpatient setting to perpetrators of domestic violence, sexual offenses, and others in need of anger management.

Rachel believes that therapy is a great option for individuals or families looking for help with specific issues, or those interested in delving deeper into their own psyche. She uses an eclectic approach, drawing from many different theoretical orientations, and she tailors her method of treatment to each individual. It is Rachel's goal to make the client as comfortable as possible, so that he or she can feel at ease, and she collaborates with the client to set and achieve desired goals.

Rachel specializes in family conflict including transitions between life stages, and adolescent behavioral changes, relationship issues including infidelity, premarital counseling, marriage counseling, divorce, and post-divorce issues. She welcomes clients suffering from depression, anxiety, anger management issues, and domestic violence. Additionally, Rachel enjoys working with children and adolescents, along with their parents, as they develop and mature into adulthood.