

Dr. Danielle Malluche, PhD, is a licensed psychologist who received her doctorate degree in Counseling Psychology from the University of Miami. Before pursuing her doctorate degree, she graduated with honors from the University of Kentucky, where she received her Master of Education and Bachelor of Arts in Psychology. She has a breadth of training and professional experience in psychological assessments, individual, and group psychotherapy. She has worked in a variety of treatment settings including inpatient psychiatric hospitals, community mental health clinics, hospitals, therapeutic group homes, and private practice.

Dr. Malluche's post-graduate training focused on psychodynamic approaches, with an emphasis in the diagnosis and treatment of children and adolescents. She is highly trained in administering psychological testing with children and adolescents, in order to assess their cognitive and emotional functioning, and provide a more comprehensive treatment plan. Dr. Malluche has diagnosed and treated children with developmental disorders, learning disorders, ADHD, behavioral, and emotional disorders. In addition to her specialization with young patients, she has extensive proficiency in the treatment of adults with varying psychopathology. Her research interest and experience has focused on the treatment of complex trauma and abuse.

Dr. Malluche believes in a comprehensive and holistic approach in order to help her patients achieve mental health and balance in their lives. Her approach emphasizes the therapeutic relationship, in which the individual feels the needed emotional support, comfort, and encouragement to foster self- growth and change. She provides a safe therapeutic environment, which enables the process of self-exploration and subsequent freedom from debilitating negative life patterns. Dr. Malluche believes that empathy plays a crucial role in both human development and psychological change. Therefore, at the core of her theoretical and treatment orientation is the desire to create a safe, trusting, and collaborative therapeutic relationship. She looks forward to helping each patient blossom into their full potential.