

Ana Maria Buzzi ,MA, LPA, IMH is a bilingual Psychotherapist (English/Spanish) who works with children, adolescents and adults. She has a bachelor and master's degree in Psychology from the University of Salvador followed by a three year internship at the school hospital Rivadavia, in Buenos Aires, Argentina, and a one year postgraduate and research at the hospital Clinico in Barcelona, Spain.

Her educational background was in the psychoanalytic approach and CBT, but she uses a personalized treatment method and a variety of interventions adapted to the patient's needs based on two fundamental principles: "the critical importance on the relationship between patient and therapist and the advocacy of that patient's awareness and consequent enduring change."

She has over 20 years of experience in the field including research, academic and international clinical experience. She worked in a variety of settings, including: public service, hospital and clinics, as well as private clinical settings. Her diverse work experience has provided her with a well-rounded knowledge of the field, which is further enriched by her international background. The knowledge and experience she obtained while living and practicing her profession abroad has given her a natural understanding of people from different backgrounds and the confidence to provide patients with culturally competent services.

She specializes in the treatment of: feelings of depression and anxiety, surviving the impact of a trauma, life transition, work-related stress, grief and loss, relationship problems, low self esteem, children behavior problems at home and at school, ADHD, and parenting.

She looks forward to working with you to help you to improve or resolve problems in the area that have brought you to seek her help